

# If You Have Questions About Adoption, WE HAVE ANSWERS!



## Free, Confidential And Unbiased Options Counseling

Phone: 1.800.321.LOVE (5683)

Text: 646.306.2586

Email: [helpline@spence-chapin.org](mailto:helpline@spence-chapin.org)

### Why Consider Adoption?

This is a very personal choice and there are many reasons people have made an adoption plan for their child. Many say it's because they aren't ready or able to fully parent a child at this time, but want to choose a loving family and stay connected to their child. Others say they cannot provide the special care their child will need and want to find a family who can. Others choose to make a private open adoption plan instead of involvement with the public child welfare system.

### How Can Spence-Chapin Help Me?

Spence-Chapin is a non-profit organization with over 100 years of experience. Our Social Workers will answer all of your questions and advocate for you. They will respect your wishes and never pressure you to make a decision. Spence-Chapin will advise you of all your legal rights as a birth parent and provide a free attorney at your request. We can also provide assistance for pregnancy-related expenses and connect you to resources like prenatal care and health insurance.

All our birth parent services are provided to anyone who needs them (including if your child has special needs).



### What Is Open Adoption?

Open adoption is having ongoing communication and contact between the adoptive family and the birth family. You can decide what this looks like – it may include visits, letters, emails, photos, and phone calls.

### What are the Benefits of Open Adoption?

Birth parents who have chosen open adoption say that knowing that their child is growing up in a happy, loving family is what gives them peace of mind. In addition, they want their child to know them and understand their birth story.

### Who are the Adoptive Families?

Spence-Chapin has all types of waiting families! They vary in age, background, family structure, religion, etc. They all are eager to adopt and provide a loving family to a child. You will be able to meet and connect with the people you select. Adoptive parents registered with Spence-Chapin have been screened by our social workers and prepared for open adoption. You can also browse through profiles on our website:

[www.spence-chapin.org/  
waiting-families](http://www.spence-chapin.org/waiting-families)

### What If I Want To Keep My Decision Confidential?

Spence-Chapin will respect your right to confidentiality in making this decision.



**VISIT OUR YOUTUBE PAGE  
TO HEAR FROM OTHER BIRTH  
PARENTS**

[www.youtube.com/user/AdoptionsNYC](http://www.youtube.com/user/AdoptionsNYC)



### Domestic & Special Needs Adoption

Linda Alexandre, Director  
Monica Baker, Associate Director



## Speak To An Options Counselor

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