

# SPENCE-CHAPIN COUNSELING SERVICES

## Meet Our Therapists!



**Mark Lacava**  
*LCSW-R*

Mark has worked extensively with Individuals, adolescents, and families. His expertise is in LGBTQ issues, trauma, behavioral problems and loss. He starts where the client is and helps them reach for where they want to go.



**Beth Friedberg**  
*LCSW*

Beth has more than 20 years of experience as a therapist, parent educator and coach. She specializes in providing emotional and behavioral support to anyone connected to adoption.



**Christine Tangel**  
*LCSW*

Christine has more than 10 years of experience as a therapist, coach and trainer. She specializes in providing emotional and educational support to all members of the adoption community. She incorporates attachment and trauma- informed approaches with her clients.



**Tasha Blaine**  
*LMSW*

Tasha has worked extensively with all members of the adoption community, offering counseling and support to those who are struggling in their relationships, facing behavioral challenges and experiencing grief and loss. She also has significant experience counseling birth parents.