



Healthy Women, Strong Families

Women who are uncertain about parenting have options in creating the best plan for their child. We understand you are taking responsibility and showing that you care deeply for yourself and your child.

We Can Help You explore all your **options** and make the choice that is **right for you** and your family. Your wishes and decisions will be **respected** and **supported**.



CONTACT A COUNSELOR

Call Toll-Free 24/7
1.800.321.LOVE (5683)

Text: 646-306-2586

Email: helpline@spence-chapin.org



Permanency Options

- Parenting with Support
- Adoption
- Kinship Care
- Foster Care
- Termination

We Can Help

- Free, confidential and unbiased services
- Translation and interpreters provided
- Non-judgmental and experienced adoption professionals
- Convenient office locations and home visits within 100 miles of New York City

Testimonials

“ They were very professional and understanding - they didn't pressure me at all. ”

“ To know that Spence-Chapin is there to help you out when you are very alone and very scared is a huge comfort. ”

We serve all people in need, including minors, LGBTQ people, immigrants and undocumented immigrants, those with disabilities, those with mental illnesses, those with addiction, those with chronic illness, and survivors of rape, incest or other crimes. If you identify with one of these groups, please reach out to us for confidential assistance.



SPENCE-CHAPIN

Serving Families & Children since 1908