

SPENCE-CHAPIN

POST-ADOPTION COUNSELING FOR BIRTH PARENTS

6 FREE Sessions

For more than 100 years, Spence-Chapin has provided options for women and couples unsure about parenting. We are committed to providing free, confidential, unbiased, and comprehensive care to birth parents.

We can support you after you've made an adoption plan.

Spence-Chapin's therapists offer birth parents six FREE counseling sessions after they've made an adoption plan.

Talk To Us About:

- Loss and Grief
- Feelings of Separation
- Open Adoption
- How to Talk About Adoption
- Identity and Self-Esteem

CONTACT A COUNSELOR

Call Us To Make An Appointment

CALL: 646-539-2167

EMAIL: postadoptionservices@spence-chapin.org

WE CAN HELP

Contact us today!



Call us:
646-539-2167



Visit Our Website
**[www.spence-chapin.org/
community-counseling](http://www.spence-chapin.org/community-counseling)**



Email Us:
postadoptionsservices@spence-chapin.org

Early morning and evening appointments available. We offer services in-person, by phone, and by video call.

MANHATTAN OFFICE

410 East 92nd Street
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New York, NY 10128

We accept insurance and offer sliding scale to adoptees, birth parents, and adoptive parents.



SPENCE-CHAPIN
Services to Families and Children