

SPENCE-CHAPIN COUNSELING SERVICES

Meet Our Therapists!



Mark Lacava

LCSW-R

Mark has worked extensively with Individuals, adolescents, and families. His expertise is in LGBTQ issues, trauma, behavioral problems and loss. He starts where the client is and helps them reach for where they want to go.



Christine Tangel

LCSW

Christine has more than 10 years of experience as a therapist, coach and trainer. She specializes in providing emotional and educational support to all members of the adoption community. She incorporates attachment and trauma-informed approaches with her clients.



Tasha Blaine

LMSW

Tasha has worked extensively with all members of the adoption community, offering counseling and support to those who are struggling in their relationships, facing behavioral challenges and experiencing grief and loss. She also has significant experience counseling birth parents.